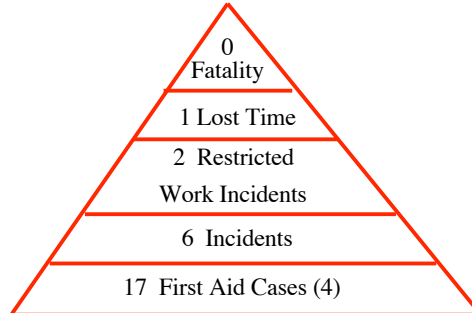


LaRC SAFETY HIGHLIGHTS

January 26, 2003

FY 2004 - Civil Servants



() = Number of new occurrences

OSHA Recordable Cases = Fatalities, Lost Time, Incidents, and Restricted Work Incidents.
Incidents = Cases in which more than first aid treatment is required, but less than 8 hours of time is lost.
Restricted Work Incidents = Cases requiring first aid treatment, resulting in light duty restrictions.

Injury/Mishap Information

- The Center has been **24** days **without** a Civil Servant or Contractor **Lost Time Injury. (Record 433 days)**
- The following first aid cases involving civil servants were reported:
 - An SMC employee sustained a lower left leg strain while ascending a stairway and missing a step.
 - An SEC employee sustained a lower back strain after repeatedly bending over at the waist to view milling operations being performed.
 - An AAAC employee sustained a finger laceration to the left thumb while removing RTV from an electrical plug using a razor blade.
 - An OCFO employee sustained a left finger contusion after jamming the finger into a desk drawer.



Carelessness - Have you ever done anything careless, something that you know puts you at increased risk of injury? When you realize how careless you were, whether you got hurt or not, do you ask yourself, "Why did I ever do that?" Considering the fact that approximately 80% of injuries are due to unsafe acts (e.g., people being careless), carelessness is a major contributor to accidents. Follow these tips to be more careful:



1. Plan tasks carefully and don't be in a hurry.
2. Before you do something ask yourself the question "Am I about to do something I might regret?"
3. Just because you got away with a careless act before don't conclude that you will not get injured the next time.

The few minutes it takes to be more careful, could mean the difference between life and death.